## **Sheridan's Prayer Cheat Sheet Example**

These are some of the things I have on my Master Cheat Sheet.

My Mission is to Bless and Fill the Measure of My Creation! Help Me Be a Vessel of God's Love!

Mantra: "I've Got This" = I can do all things through Christ who strengthens me.

Gratitude for: Protect Shield of Light and Angels. Marriage Covenant Shield. Physical Strength and protection.

Spiritual Gifts: (I started with only one of these and then as I felt I had gained and developed that gift I added another one) Eyes to see, ears to hear, mouth and lips, heart that is willing to receive understanding, mind that is clear and alert, spirit to feel and know and courage to follow. Holy Ghost influence guidance and revelation.

Please: Warn me of Danger, when to speak/be silent/be still. Power to Resist Temptation

Remember to Repent. Repent

People: ME and Spouse: S, Rob, connect and support each other daily, love and honor each other, one in our parenting stewardship, good communication.

People: Kids D, C, B – Place Ideal Friends, Companions and Girlfriends in their lives. Make Good Choices

- Safety
- Healthy, Strong Bodies Minds Spirits
- Let them grow in wisdom and stature and in favor with God and men.
- Let their ears be tuned to the still small voice of the Holy Ghost, be courageous and strong to do what is right!
- Future Daughter in Laws, Healthy, Guided Warriors.

People: Extended Family Sisters, Brothers, Nephews, etc, Mom and Dad, In Laws, etc...

People: Friends – Angela, Valerie, Nikki, Etc.....

People: From Church and Neighborhood: Church Family and Leaders and Specific people

People in World: World Leaders. Refugees. Any disasters - specific