



Finding Joy in the Journey

CHARITY

PRAISE

GRATITUDE

ACCEPTANCE

FORGIVENESS

LOVE

HOPE

PEACE

GODLY SORROW

NEUTRAL

CURIOUS

COURAGE

JUDGEMENT

WORRY

GUILT

FEAR

ANGER

PRIDE

BLAME

SHAME

APATHY



Take the Bridge of Neutrality

1. Pray for Courage
2. Be Curious
3. How would it feel to feel neutral?

LOW